

SCHEDULE 2025-2026

MONDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Hip-Hop Kids	7-12	17:00	18:00	Noemie	1
Hip-Hop Teenagers	13+	18:00	19:00	Noemie	1
Hip-Hop Girly	16+	19:00	20:00	Noemie	1
Pilates	16+	19:00	20:00	⚠	2
Lady jazz	16+	20:00	21:00	Julia	1

TUESDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Yoga	16+	12:30	13:30	Fabiana	1
Ballet 🎀	8-10	14:00	15:00	Vita	1
Ballet 🎀	11-15	15:00	16:00	Vita	1
Ballet 🎀	5-7	16:00	17:00	Vita	1
Calisthenics / crossfit kids	7-12	16:00	17:00	Kevin	2
Gymnastics 🎀	8-12	17:00	18:00	Julia	2
Contemporary 🎀	13-15	17:00	18:00	Vita	1
Contemporary 🎀	16+	18:00	19:00	Vita	1
Afro Dance	15+	19:00	20:00	Noemie	1
Lady style / Commercial	15+	20:00	21H30	Claudia	1

WEDNESDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Yoga	16+	7:00	8:00	Fabiana	1
Jazz 🎀	7-10	17:00	18:00	Julia	1
Jazz 🎀	11-13	18:00	19:00	Julia	1
Jazz 🎀	14-16	19:00	20:00	Julia	1

THURSDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Jazz kids 🎀	5-7	14:00	15:00	⚠	1
Hip-Hop + Break	6-9	15:00	16:00	Noemie	1
Hip-Hop + Break	10-14	16:00	17:00	Noemie	1
Baby hip-hop basics	3-5	16:00	17:00	Julia	3
Fit kids	7-12	16:00	17:00	Kevin	2
Modern 🎀	8-10	17:00	18:00	Vita	1
Gymnastics 🎀	5-7	17:00	18:00	Julia	2
Modern 🎀	11-14	18:00	19:00	Vita	1
Heels	15+	19:00	20:15	Melanie	1
Stretch and fit	15+	20:15	21:15	Melanie	1

🎀 - This icon indicates that the course requires the school uniform.

FRIDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Yoga	15+	12:30	13:30	Fabiana	1
Pilates	15+	19:00	20:00	⚠	1

SATURDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Baby Dance 🎀	2-4	9:00	10:00	Julia	1
Hip-Hop	5-7	9:00	10:00	Shanella	2
Baby Dance 🎀	3-4	10:00	11:00	Julia	1
Hip-hop	8-11	10:00	11:00	Shanella	2
Pilates	15+	10:00	11:00	⚠	3
Ballet Kids 🎀	5-6	11:00	12:00	Julia	1
Hip-Hop	12-16	11:00	12:00	Shanella	2
Jazz Kids 🎀	5-6	12:00	13:00	Julia	1
Ballet 🎀	7-10	13:00	14:00	Julia	1
Dance conditioning 🎀	7-10	14:00	15:00	Julia	1
Jazz 🎀	7-10	15:00	16:00	Julia	1

SUNDAYS

COURSE	AGE	FROM	TO	TEACHER	ROOM
Rhythmic gymnastics	3-5	10:00	11:00	Alyona	1
Rhythmic gymnastics	6-9	11:00	12:00	Alyona	1

